Declassified in Part - Sanitized Copy Approved for Release 2013/04/12: CIA-RDP90M01364R000700090010-1 Date ROUTING AND TRANSMITTAL SLIP 7 July 1988 TO: (Name, office symbol, room number, Date building, Agency/Post) 101 1 1 JUL 1988 1988 1 2 JUL 5. **Action** Note and Return **Approval** For Clearance Per Conversation As Requested For Correction Prepare Reply Circulate For Your Information See Me Comment investigate Signature Coordination Justify REMARKS DO NOT use this form as a RECORD of approvals, concurrences, disposals, clearances, and similar actions FROM: (Name, org. symbol, Agency/Post) Room No.—Bldg.

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7 July 1988

	MEMORANDUM FOR: UMS Training Officer
AT	FROM:
	SUBJECT: Report of Successful Heimlich Maneuver
AT AT	1. On 25 June 1988 at Florida, a was sitting across the table from me. He gasped, stood up and became agitated. I immediately assessed that he could neither cough nor speak and was moving no
AT.	air. is a 6-foot barrel-chested 200 pounder. The first Heimlich maneuver was unsuccessful but the second more
ΑТ	forceful one popped a large chunk of beet onto the floor. immediately resumed normal breathing with no complications. He said he could feel the beet sliding down his trachea while he was choking.
	2. Although I was not trained initially in OMS, I was responsible for initiating all CPR and ACLS courses in OMS and
AT.	the continued training opportunities helped maintain MV skills.



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